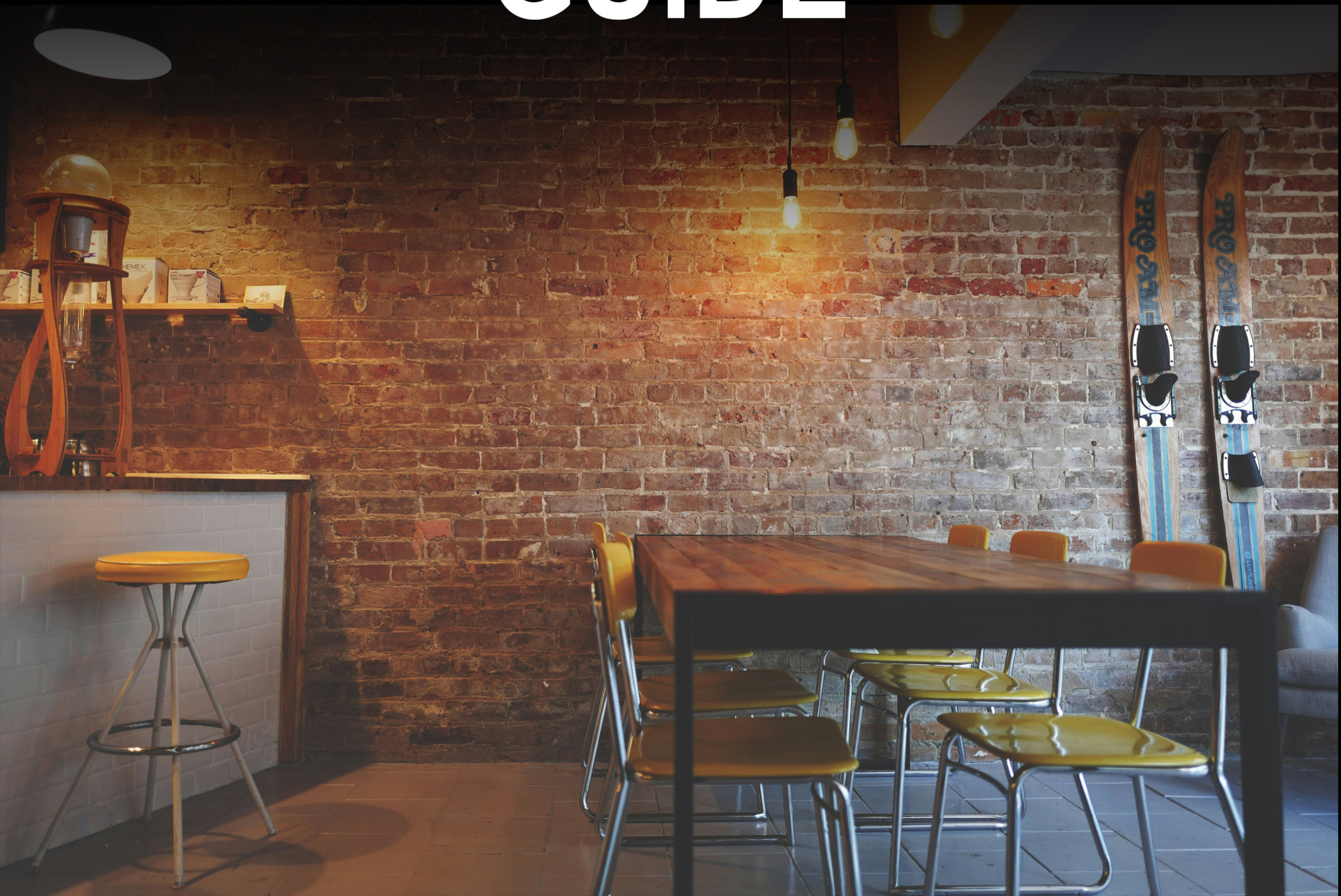




NORTHERN
FOOD INGREDIENTS

GOURMET DRINKS GUIDE



RECIPES

FRAPPE'S

1. ADD 3 SCOOPS OF POWDER TO A BLENDER
2. ADD 350ML ICE AND 3 SCOOPS OF COLD MILK
3. BLEND UNTIL SMOOTH AND POUR INTO GLASS
4. ADD YOUR FAVOURITE TOPPINGS AND SERVE



LATTE'S

1. ADD 1 SCOOP OF POWDER TO A MUG
2. ADD 230ML HOT STEAMED MILK
3. STIR TO DISSOLVE POWDER
4. ADD MILK FOAM, FAVOURITE TOPPINGS AND SERVE



FRAPPE'S (NO SUGAR)

1. ADD 2 SCOOPS OF POWDER TO A BLENDER
2. ADD 350ML ICE AND 3 SCOOPS OF COLD MILK
3. BLEND UNTIL SMOOTH AND POUR INTO GLASS
4. ADD YOUR FAVOURITE TOPPINGS AND SERVE



LATTE'S (NO SUGAR)

1. ADD 1 SCOOP OF POWDER TO A MUG
2. ADD 230ML HOT STEAMED MILK
3. STIR TO DISSOLVE POWDER
4. ADD MILK FOAM, FAVOURITE TOPPINGS AND SERVE



FRAPPE & LATTE POWDERS

- FROSTED LATTE (ICED COFFEE)
- ICED CAPPUCINNO (ICED COFFEE)
- DOUBLE CHOCOLATE
- MILK CHOCOLATE
- WHITE CHOCOLATE
- PEANUT BUTTER
- SPICED CHAI
- SALTED CARAMEL
- FUDGE COOKIE
- BAR-ONE
- RED VANILLA
- BUBBLEGUM
- HAZELNUT
- STRAWBERRY CREAM
- BANANA CREAM
- ICED ESPRESSO (NO SUGAR)
- ICED COFFEE (NO SUGAR)
- BELGIAN CHOCOLATE (NO SUGAR)
- VANILLA (NO SUGAR)
- PEANUT BUTTER (NO SUGAR)

(SUBJECT TO AVAILABILITY)

**BIG 3
FOODS**



RECIPES

CRUSHERS

1. ADD 2 WHITE SCOOPS PUREE TO A BLENDER
 2. ADD 350ML ICE AND 2 WHITE SCOOPS/100ML WATER
 3. BLEND UNTIL SMOOTH AND POUR INTO GLASS
 4. ADD YOUR FAVOURITE TOPPINGS AND SERVE
-



SMOOTHIES

1. ADD 2 WHITE SCOOPS PUREE TO A BLENDER
 2. ADD 350ML ICE AND 2 WHITE SCOOPS YOGHURT
 3. BLEND UNTIL SMOOTH AND POUR INTO GLASS
 4. ADD YOUR FAVOURITE TOPPINGS AND SERVE
-



FOODS

CRUSHERS & SMOOTHIES

- LEMONADE CONCENTRATE
- MANGO PUREE
- STRAWBERRY PUREE
- MIXED BERRY PUREE
- PASSION FRUIT PUREE

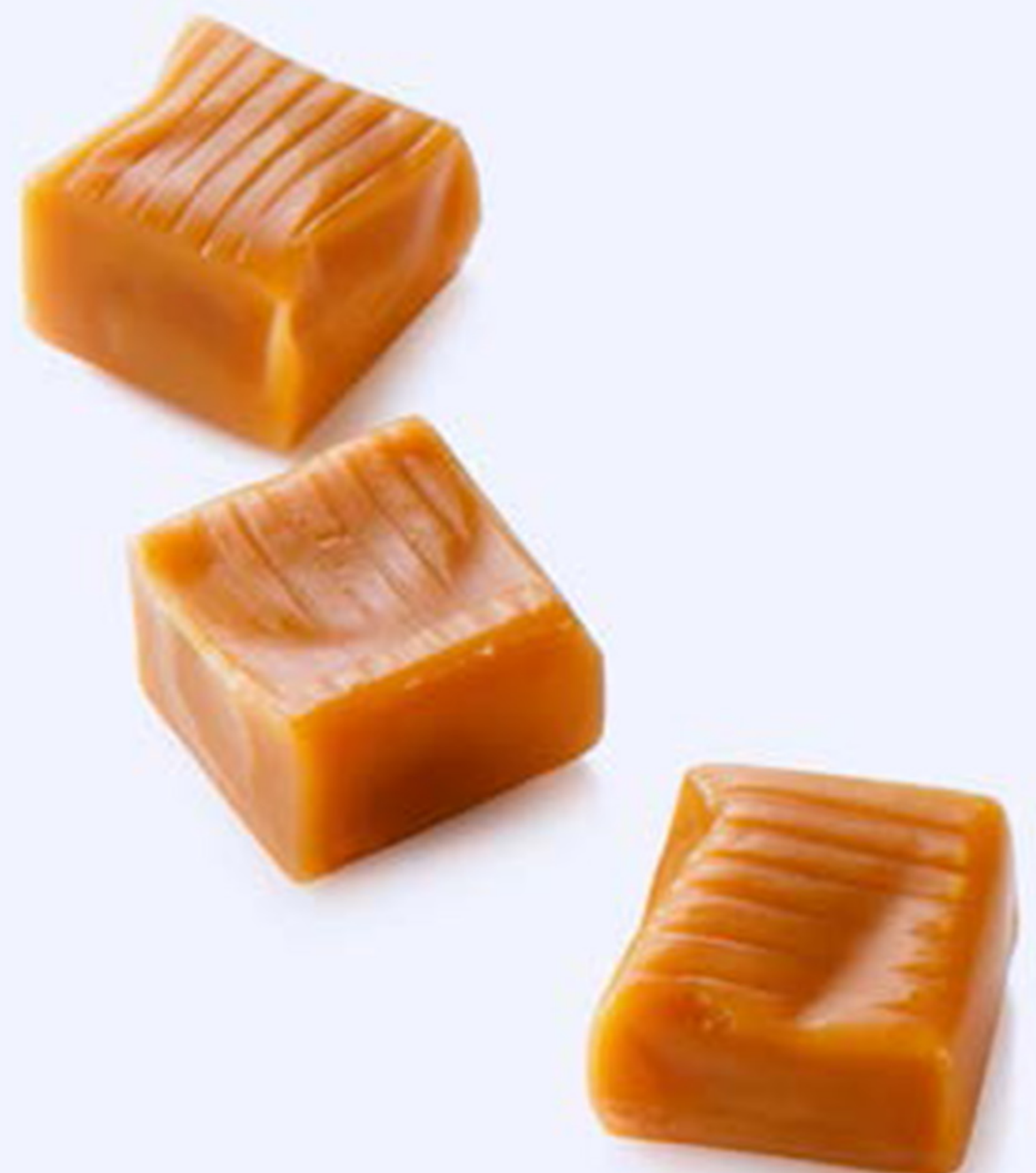
(SUBJECT TO AVAILABILITY)



SYRUPS

- HAZELNUT
- CARAMEL
- VANILLA
- PEPPERMINT

(SUBJECT TO AVAILABILITY)



MISC & ACCESSORIES

- UNFLAVOURED PURE WHEY CONCENTRATE
- SYRUP PUMPS
- BLACK SCOOP - FRAPPE/LATTE/CONCENTRATE
- WHITE SCOOP - PUREES
- OMNIBLEND BLENDERS V 1.5 LITRE
- OMNIBLEND 1.5 LITRE NARROW JUG
- OMNISHIELD SOUND COVER

(SUBJECT TO AVAILABILITY)





BIG 5 FOODS

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Pretoria

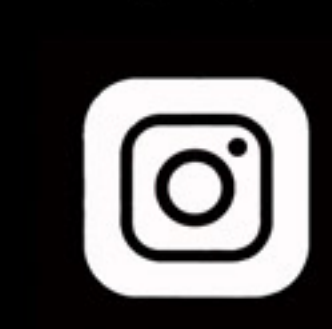
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